



# Advanced applied behavior analysis (ABA)

## Supporting families in need of autism spectrum disorder services

Autism is the fastest growing developmental disability in the United States. Recent surveys indicate a 24% increase in prevalence of autism spectrum disorders (ASD) and approximately 1 in 44 children receiving an ASD diagnosis.<sup>1</sup> Carelon Behavioral Health understands that early identification and intervention offer the best opportunity to support a child's healthy development.<sup>2</sup> Our coordinated model of care makes ASD services readily available to families, when and where they need them. Our team of ASD experts supports providers that deliver applied behavioral analysis (ABA)—an evidence-based treatment that increases positive and productive behaviors while reducing harmful ones.

**Increasing access:** Our network includes more than 7,000 ASD specialists that bring vital resources to families across the country. New provider partnerships and technology-enabled treatment options mean expanded access to our ABA specialty network.

**Enhancing quality:** Provider Quality Managers ensure the ABA specialty network meets strict quality standards and offers alternative, value-based payment models to reward providers that deliver exceptional care.

**Supporting the whole family:** Board-Certified Behavioral Analysts (BCBAs) work with families to develop a personalized treatment plan that includes a comprehensive needs assessment, ongoing coaching and support, and connection to additional resources and treatment options.

\$60,000 average annual cost for ASD treatment for a child



In the U.S., the annual cost of caring for individuals with ASD is expected to rise to \$461 billion dollars by 2025.



70% of costs associated with ASD care is spent on adults.<sup>3</sup>



# Helping individuals with autism thrive

When provided early in life, applied behavioral analysis (ABA) therapy can significantly improve cognitive and language skills for individuals with autism spectrum disorders (ASD).<sup>4</sup> We support early interventions for more than 14,400 individuals with autism, and actively manage their ABA or other behavioral health needs.

Our program tracks individual progress and measures functional gains throughout the course of care. These interventions help improve outcomes for the individual and their family, including reduced maladaptive behaviors and decreased treatment costs.

Successful support of individuals with ASD also means improving their overall health and well-being at a lower cost. A recent review of hundreds of member cases showed:

**85%**

reduction in maladaptive behaviors.

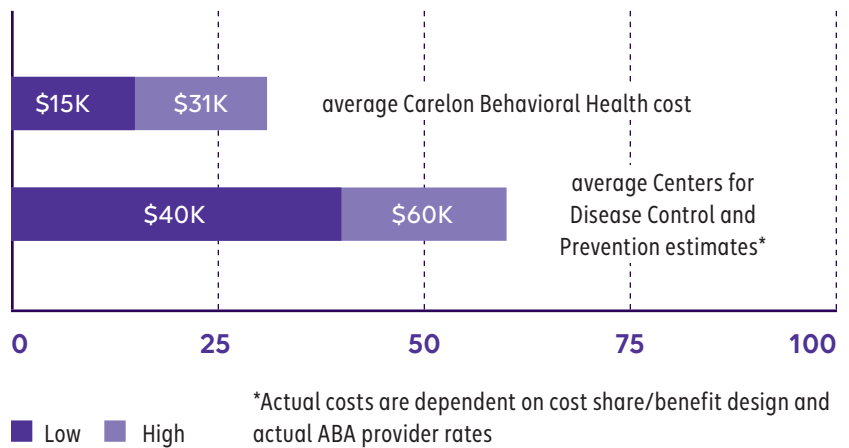
**26%**

improvement in language and communication skills compared to initial assessment.

**90%**

reduction in average annual care costs compared to CDC estimates.

Average average cost for ABA (per child)



## How can we support your behavioral health goals?

To learn more about what we can do for you, call or email today.

1. Centers for Disease Control and Prevention website, *Data & Statistics on Autism Spectrum Disorder* (accessed November 2022): [cdc.gov/ncbddd/autism/data.html](https://cdc.gov/ncbddd/autism/data.html).
2. Autism Speaks website, *Autism Statistics and Facts* (accessed November 2022): [autismspeaks.org/autism-statistics-asd](https://autismspeaks.org/autism-statistics-asd).
3. Autism Speaks website, *Autism Statistics and Facts* (accessed November 2022): [autismspeaks.org/autism-statistics-asd](https://autismspeaks.org/autism-statistics-asd).
4. Autism Spectrum Disorder Foundation website, *Interventions Supported by Research* (accessed November 2022): [myasdf.org/about-autism/interventions-supported-by-research/](https://myasdf.org/about-autism/interventions-supported-by-research/).